





How I feel about gardening

How do I feel?	What is it about gardening that makes me feel this way?	
tired bored	It takes a long time.	It seems pointless.
	It's too quiet.	Something else?
	It's peaceful.	I can see things grow over time.
happy	I am helping nature.	Something else?
worried frustrated	I don't know what to do.	I don't like being outside.
	I don't like getting dirty.	Something else?
panicked angry	Sometimes it goes wrong.	I don't like being near insects.
	It feels out of control.	Something else?